## THOUGHT PROCESSES

In most of the O.T. prophets' writings, the phrase, "The word of the **LORD** came to Isaiah...", usually refers to speech, an utterance, a saying. God may have "spoken" to Isaiah directly into his mind, or went audibly into his ears, there translated into a thought, which in turn he put into writing. In either case, that 'word" from the **LORD** entered into Isaiah's mind where it was processed as a thought.

A common Old Testament word for "mind" is *leb, #* 3820, meaning the metaphorical 'heart'. It is the inner being, where inclinations, knowledge, reflection, memory, resolution, determination, and thinking take place. There are other Hebrew words that deal with the mind, but are generally more superficial, or restrictive in meaning.

When one looks at the N.T. Greek word *nous #3563*, indeed it does mean the intellect, the mind, including the feelings or will. But it also includes understanding, all the faculties of perceiving, judging, determining. It also includes reason in a narrow sense, the capacity for spiritual truth, the higher powers of the soul, the faculty of perceiving divine things, of recognizing goodness and evil. It includes the power of considering and judging things rightly. These abilities precede actions, perceiving as being distinct from perception by feeling. There are 13 other Greek words that further define specific mental positions.

Thus the "mind" in the Bible refers to the deeper actions of the brain that have to be distinguished from the context in which it is used.

When it is written, "But we (believers) have the mind of Christ", the context would suggest Paul is talking about Jesus' mental ability to perceive, discriminate, discern, understand, but not being inclusive of all the various aspects and potentials of the mind. *This capacity is only given to the re-born, the chosen, the elect.* However, in a large portion of scripture (Romans) "mind" refers to God the Father, illustrating how God the Father is expressed and dwells in us, in our minds. Jesus dwells and is expressed in our tangible realm, our physical body.

A thought is basically an electrical charge moving. If the thought is encouraged to move and circulate in our mind, it picks up speed and power. A thought held and enhanced gains momentum and strength, picking up connected neurons that are related 'thoughtlets' in the process of creative imagination. A strengthened thought, thus acquiring energy, often exits our physical brain and spills outward, affecting others both positively and negatively. Thus a thought, any thought, has energy in the form of a wave; that wave energy has a frequency, with power to affect. Negative thoughts are the ones in focus herein, for they are the ones which cause us the most trouble.

A case in point, drawn from personal experience (which is not open to argument); my natural affections of sexual desire are formed into a thought. If I do not take it captive to the obedience of Christ<sup>1</sup>, that thought goes out from my mind and is often picked up by some woman. She then in turn resonates to that thought and begins to act accordingly, sticking out her chest, looking at me, sending reciprocal thoughts of acceptance and desire. The next thing you know we're mentally in bed somewhere, or at the very least cherishing the idea of doing so. This scenario is described in James<sup>2</sup> in the four-step process of thought to death, and in Proverbs regarding the loose woman.

A second case in point: the angels who "saw the daughters of men were fair"<sup>3</sup>. These were thoughts in the angels' minds, which by their choice were transformed into action, and resulted in a bastard race of half angel/half woman that were giants, evil to the core. Their punishment for "leaving their proper estate" was to be chained forever in Hell.

The same process is true for the positive side of the ledger; if I think-ponder-meditate on God and/or His Word, my receiver is scanning that bandwidth. Then He sees I am a Seeker and tunes my brain/spirit to receive a given understanding which He deems appropriate. These can become progressive and accumulate, thereby "enlarging our borders". His allowing any given understanding is to give Him credit, but Man being what he is, seldom does that. This is why there are so very few He can trust with His 'stuff', particularly His Holy 'stuff'.

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It is said the Universe is one giant thought; indeed it is. Better said, the Universe is a near infinite compilation of the individual thoughts of God, all of which have unique frequencies. Why? -because all of them originated in God with a certain thought energy, The result was a physical (1st Realm) and mental (2nd realm) manifestation. Stars were once a thought of God, containing within them all the knowledge pertaining to that star.. One form is seen, the other comprehended by the mind.

Sin is a thought spinning out of control, spinning out of its proper orbit, if you will, going out of its proper habitation. Its habitation is not a two-dimensional area, but a three-dimensional sphere. The planets stay within their proper orbits, as does the solar system within the Milky Way. If they diverge from their proper orbit, we then have a catastrophe.

<sup>&#</sup>x27; II Cor. 10:3-6

<sup>&</sup>lt;sup>2</sup> James 1:14-15; But every man is tempted when he is drawn away of his own lust (longing), and enticed. Then when longing has conceived (fertilized), it brings forth sin (violation); and sin, when it is finished, brings forth death (misery, destruction).

<sup>3</sup> Gen. 6:2.

Our minds are said to be "spinning out of control", and indeed this is the case. This is true for both positive as well as evil thoughts. We have no inherent way of knowing which it is without knowledge of the Word.

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The mind "tuned" to the mind of God acquires and accumulates His thoughts via His Word. His reproof is one way of getting you to focus and be able to receive His thoughts. Thus the humbled mind is capable of then stepping into His flow of good as well as His knowledge.

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More than once there have been fireworks from others upon hearing the utterance of my words. The reactions vary; scoffing, anger, protest, sophisticated argument or other forms of put-down. My words are no more than vocalizing what I believe I have heard. What I write is what I hear; it does not kow-tow with the majority, nor does it conform to, or is accepted by, most people's way of thinking.

Does that paragraph sound like I consider myself an island, aloof from the rest of the Body? There was absolutely no intent of sounding that way. Do I put off that aura? –or is that perceived/imagined tone/aura generated on the part of the hearer? Is it merely a knee-jerk reaction to something different?

The closer I get to Him, whether imagined on my part or true closeness, the greater the awareness of mental alienation. Speaking these orally aggravates people who return the various types of reactions of resistance. Therefore, it becomes apparent something para-vocal alters my intent and morphs into something heard but not intended. Thus I am "forced" to express what I believe I hear in writing, removing my persona.

At any given time, under any given circumstance, each of us emits an aura. That aura, to be emitted as well as perceived, must be in some form of energy (E), energy precisely in the form of a wave with a frequency (f). It does not seem reasonable the aura frequency (f) originates from the cerebrum, or higher brain, for it is not a discrete thought, but a sense.

Instead, the energy, or the f is broader and more powerful, akin to a gust of wind. The f of the aura overrides anything that is said orally and/or portrayed by expression. In fact, the f of the aura is perceived even if the person has a perfect poker face and totally controlled body language. The aura emitted is **not** derived from conscious thought from the upper brain. Its source is the middle brain, known as the limbic system.

Now <u>what</u> is emitted from there is a function of <u>what</u> is dominant. What is dominant is a function of how much of the old corrupt man is present versus how much of the New Man is present. This ratio in turn is a function of the degree one has consciously read, thought, pondered, absorbed, meditated and embedded the things of God. *This good or evil injection from the conscious into the subconscious middle brain is what will be emitted from you as an aura.* 

In other words, indeed the aura <u>is</u> ultimately determined by your conscious thought as to what you do, see, hear, read, think and ponder. In computer lingo, GIGO; Garbage In, Garbage Out. Why not LILO? –Life In, Life Out.

To repeat; "You (God) do keep him in *shalom shalom* whose mind is fixed on you." *Shalom* the outcome, the *mind* the vessel, *fixed* the choice, *God the subject* of the fixation.

Shalom does not mean just peace in the conflict sense of the word. It means a complete and total package of goodness around you, in all facets of your life, health, seed, efforts, relationships, sanity, work, et al.

Now; the aura is that energy (E) and frequency (f) emitted from your *head*, *the* head of your body, the uttermost *parts* of your body, and to others. Either life or death, your choice.

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A thought/word is said to resonate, or cause a vibration within or to the other person. Said another way, that vibration is a called a resonance frequency. Something in the Spirit will communicate to another (of the Spirit) that resonates with him/her; that is known as a witness to the hearer. Thus it brings life to the hearer, excites him, enlivens him. That is why some "hear", and some do not "hear"-their receiver is either 'tuned' to the frequency of the speaker (in this case the Spirit) or it is not. More on this later.

When a Seeker-Meditator listens with an open mind (read "broken", supple, pliable) to receive something from the Spirit, even a pagan, he is given the frequency in his receiver by the Spirit. Thus he receives the given data, regardless of its nature. It is probable every fact in the universe, whether physical, mental or spiritual, has a unique frequency. That given frequency not only is originated by God, the transmission and reception of it is governed by Him according to His pleasure. That is how and why hearing is given to some, to others it is not given.

One proof of these unique frequencies is from a little-known genius named Royal Rife. His work was indeed epochal, but flew in the face of the Powers That Be at the time. Thus most of his work was discredited as being spooky and idiotic. Nonetheless, Royal discovered that every living organism had a unique resonance frequency. All bacteria and known viruses, upon reaching the maximum resonance, would explode into utter destruction

Now Rife's contribution did not benefit society as it should have; however, here we are many years later, and I find the medical industry is using that technology in somewhat of a clandestine manner. A friend of mine had prostate cancer, to which the medical branch in his town used "UV" on his prostate. "No need to remove your belt, nor your pants. We target that cancer specifically and accurately." In other words, they were using specific frequencies to destroy the specific cancer.

Since a cancer cell can be destroyed by a specific(resonant) frequency, then is it not *created* by a specific frequency?

Thought frequencies within the brain commence with neurons. In the brain neurons connect with adjacent neurons across a synapse; but by what medium does a neuron communicate with another neuron? Is it not a frequency?

If so, cannot neurons communicate with other neurons removed in distance, say those in a leg, or pancreatic gland, or liver?

-or do the neurons (continuous, intense thoughts) communicate with the neurons in other organs via those chemicals dispensed by those thoughts, which then in turn form an electrical/chemical reaction, causing the organ to do thus and so?

If the latter, then what initiates the chemical manufacturing place to begin doing so in the first place?

Is not this the *modus operandi* by which the Body of Christ functions?

Jesus---Holy Spirit----individual with a message in the 3rd Realm, in turn transformed into a cogent thought in the mind of the believer.

Head to head, Emitter to receiver.

Jesus gave commands for us to follow dealing with physical actions, in turn preceded by mental thoughts, in order to co-habit with others properly.

So it is with my head which gives commands, which in turn lead to my body existing in shalom shalom.

So as a cell in the Body I am to listen to my Head and have His thoughts, e.g. Deut. 28:1-15, the Sermon on the Mount, Jer.: 33:3.

So since Jesus is <u>the</u> Truth, He is <u>the</u> source of correctness of thought. I **choose** to tune to Him. I also am given Divine filters (the Word and the Holy Spirit) to determine which emissions are from Him, and which are spurious from the Deceiver.

Both types of emissions are constantly there, the Deceiver currently being the loudest and most pervasive, by virtue of being prince of the air (CPUs, www, radio, TV, movies).

The *Originator !!-* of all frequencies set them in place in the beginning. We step into them by choice, good or evil.

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This specific nature of resonance frequencies applies to virtually all forms exhibiting the energy of life, whether cancer cells, trees, trout, bacteria or our own thoughts. In the case of thoughts, each has a unique sound with a unique frequency. This is true no matter what the word, in Spanish, English or Aramaic.

When I say something in Spanish, our ranch worker Alfredo recognizes the sounds (frequencies) which his brain converts into thoughts that register into reason and understanding. His brain resonates to the frequency of the words I say.

## There is a range:

- 1. of audible frequencies: languages, music, equipment.
- 2. of frequencies of thought; Jesus "saw' their thoughts-"Why do you think evil?"
- 3. of frequencies of the spirit.
  - a. we "sense" something good or evil in a person, place or thing.
  - b. we "sense" a tone in what is said, written or emitted.
  - c. We 'sense' the presence or absence of an agenda.

Number 1. is the First Realm, the physical.

Number 2. is the Second Realm, the mental.

Number 3, is the Third Realm, the spiritual.

The will of God was/is expressed from the 3rd Realm to the 2<sup>nd</sup> Realm; "In these latter days He has spoken to us through His Son." So Jesus' words are God's will; we acquire them by reading what He said (first realm), integrating the read words into our minds (2<sup>nd</sup> realm) where the Spirit not only absorbs but quickens them to us (3<sup>rd</sup> realm). There in the 3<sup>rd</sup> realm the words resonate within our spirit being.

So it is with communication with anyone, or anything, from a mocking fig tree in Jesus' case, to a broken blood vessel, to a cancer cell in a prostate gland, to a threatening storm, to a mountain in our way. All of these are often on the evil side of the ledger, but were addressed by Jesus. In essence He said the word to halt these, but He *said* the right word in the right frequency, in order for it to resonate with the object. Resonance has a range, from slightly titillated to optimum (proper) to destructive. Good is on one end of the range, evil on the other.

[As an aside, the Greek word interpreted into English as "say", means a whole lot more than the simple English word "say" It means to link ALL your inward thoughts (creating power) related to the subject at hand, and speak them forth with clarity, authority and confidence. Thus you have put all there is necessary into the "saying". If we just glibly "say" something as if in passing, forget it happening.]

**He** healed them; to some He **said** their sins were forgiven, to some sin no more, to some He did not mention sins.

*He spoke* as a mediator between the Almighty and the creation (nerves, viruses, broken blood vessels)

**He** answered the fig tree, meaning the fig tree had already 'said' something to Him, most likely mocking Him. His words (frequencies) were sounds formed into meaning to the tree, as well so His disciples could understand Him.

The *Originator !!-* of all frequencies set them in place in the beginning. We step into them by choice, good or evil.

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Neuroscientists have established the cumulative effect of continued and concentrated thought (on God) being capable of being measured by brain scans.<sup>4</sup> But the Word has already spoken of the effects of continued sin originating with a thought.<sup>5</sup>

On the positive side of the ledger;

- 1. Continued thought on a problem will usually result in a solution; the type of thought is a function of IQ, bent, the amount and type of data, surroundings.
- 2. Continued thought and meditation over a truth often results in understanding.
- 3. Continued meditation over one word or passage in the Word will result in insight.
- 4. Continued listening to the voice of the Holy Spirit will yield an answer.

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<sup>&</sup>lt;sup>4</sup> Noll, Rob,

<sup>&</sup>lt;sup>5</sup> James 1:14-15.

Col. 3:15 says, "And let the peace of God rule (umpire) in your hearts." Phil. 4:\* says to "think on these things", meaning things that are positive, and the peace of God which passes all understanding will keep your hearts.

Isaiah 26:3 says, "You do keep him in perfect peace (shalom shalom) whose mind (creative imagination) is stayed and fixed on you, because he trusts in you (constant expectation)." A lot of words in this little sentence, but there are three central points; one, the words *shalom shalom*. *Shalom* does not mean just peace in the conflict sense of the word. It means a complete and total package of goodness around you, in all facets of your life, health, seed, efforts, relationships, sanity, work, et al.

Shalom is a word that expresses all the blessings of God that are the result of the other two elements of the quote. The second is that the blessed man has his thoughts stayed or fixed on God. God is the center and focus of all he thinks, or better said, all that the man can creatively imagine. The third element is that the man trusts, or has constant expectation that his Father in heaven is going to send a lot of good stuff his way.

But, being descendants of Adam and inheriting his fallen nature, the best of us derail and fall off in the bar ditch. We wander outside our prescribed boundaries, predominantly in the mental regime, our thoughts precipitating nearly all this aberrant behavior. The most destructive type of thoughts are those that are grudges, resentments, anger, etc, against someone who has "wronged" us, whether real or imagined. Fantasies that rival A*vitar* fill our minds with imagined conflicts. Before you know it, we are mad for an imagined fantasy.

When we mentally hold onto an offence, it is called unforgiveness. Why? -because forgive means to "let go". Let go of what? —let go of thoughts to which we have held tightly. By holding onto a grudge thought, we repeatedly think that thought, thereby falling into the same process as the above on the positive side of the ledger. This repeated thought builds steam, saturating our minds, becoming entrenched, and eventually displacing God as the center of our attention. This thought, held tightly, eventually spills out of our conscious mind and enters our "heart", the middle brain with its subconscious nature. That is why taking offence and not forgiving someone is so destructive; with time, we do not even realize it.

Jesus addresses this unhealthy, unrighteous and defeating mental position by emphasizing the need for letting go of the offended mental state. (see the N.T. passages dealing with forgiving). He even goes so far as to say if we do not forgive one who offended us *from our heart*, neither will our Father forgive us. The **LORD**'s prayer says the same thing. Holding onto a grudge or remembering an offence has the same effect as any other concentrated thought-it affects the body as well as those around you, both positively and negatively.

That is why we are to not let offenses dominate our thinking, emotions or otherwise. They rob us of our *shalom* peace. That word 'peace' connotes all things in balance, in order, synchronized, in harmony. If things are in peace in our minds, then our bodies will benefit. That premise is basically the thrust of this part of this paper.

Continued reading, studying, pondering anything, positive or negative, will take your mind into the depths of that area of thought. I am not saying we "should be so heavenly minded we are no earthly good"; not so. What is intended here is that *ALL things, mental and physical, are to come under the sovereignty of Christ, at the inception of the thought, before the action.* 

Jesus said, "If you abide in me and keep my commandments, my Father and I will come and make our home with you." When you begin to store in your mind the words of God, specifically His Word, you begin to have His thoughts, When you have His thoughts, He begins to dwell in you, literally, for His words *are* Him, you cannot separate the two. By the same process, when you begin to behave as Jesus would, He begins to dwell in you, and is expressed through you.

Thoughts, then, are most powerful, especially when they are the thoughts of God.

June 11, 2015

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