THE MIDDLE BRAIN

If there is one subject in this entire CD which has given me insight into the core of things, it is the understanding of the middle brain. What follows may be unfamiliar ground to many, but I implore you to try to grasp it. This paper and the one on Strongholds III are heavy stuff, but will set you free, should that be what you want.

In a nutshell, the middle brain is the human equivalent to the Holy Place in the Mosaic Tabernacle (which see). As in the case of the M.T., the Holy Place is where Divine Personalities are expressed and comprehended; our middle brain is where our personalities originate and express themselves during the course of our lives. I am going to pull a paragraph from the body of this paper to establish definitions.

[In the center of the head under the cerebrum and above the lowermost brainstem lies the middle brain, known also as the limbic system. The middle brain is the first to receive information from all the senses except smell. The middle brain houses <u>long-term memory</u>, our <u>emotions</u> (fear, love, hate, etc.), our <u>appetites or affections</u>, as well as interaction of our four primary <u>drives</u> (<u>eating</u>, <u>drinking</u>, <u>sleeping</u> and <u>reproduction</u>)]

To illustrate a principle, I would like to center in on the word 'affection'. The prefix 'af' means 'toward'. This is taken from the study of neurons that allow us to function in the physical, but the same process is applicable in the mental or soul realm. There are receptors at the ends of long neuron cells that tell us something is hot. That neuron carries the 'hot' signal back *towards* the spinal cord, and is called an '<u>af</u>ferent' neuron, meaning 'carrying towards'. The spinal cord then processes the signal, and sends back a signal via an '<u>ef</u>ferent' neuron (away) to the appropriate muscle package to pull your hand away from the 'hot'.

From these we get 'affect' and 'effect'. By our behavior we <u>affect</u> others resulting in an <u>effect</u>. By the same process, we have 'receptors' which send signals to our brain, where they are processed. The processing is by the conscious as well as the subconscious portions, a point to be remembered.

Now "affection" is defined by Webster as a fondness for or devotion to a person or thing, often emotions, sentiments, a bent or disposition of the mind. There are several English words translated 'affections'; the one closest to the subject at hand is found in Col 3:5 and Gal. 5:17, epithumia, meaning the diseased condition of the soul, out of which springs the diseased effect known as pathos. Our words pathetic and pathogenic come from pathos.

The degree of the *epithumia* of our souls is a composite from a host of things inculcated into us as a child during our pre-natal and childhood years, essentially 5-6 years. That period of spotty memory is why we are not aware of what drives us, nor cognizant of their effects on others. The host of things includes inherited family spirits, wounds inflicted by others during those years, the input of our parents et al, our socio-economic environment, and all the things we inherited. The range of effects and soul "diseases" is enormous. Blessed be you if you were born to Godly parents, blessed indeed.

In order for a medical doctor to evaluate a symptom and prescribe a solution, he must know beforehand how things work, for the symptom is the result of things not working properly. So in the case of soul diseases, we need to know how things work, so that when we see a symptom, we should be able to diagnose the cause, thus the cure. Let us try that.

One's O.T. *nephesh* or N.T. *pseuche* is defined by our urges, affections, motives, agendas, the reasons for doing or thinking anything. In summary, there are two important areas of the brain from which we have only indirect awareness, the middle brain and the brainstem. Couched another way, this indirect awareness is our subconscious. The middle brain contains what the Greek and Hebrew variously call our "inner parts", "heart", "reins" (kidneys), "bowels" and so forth. Additionally, the Bible refers to our 'old or former self', indicating there is more than one realm to our being.

The human brain is comprised of three relatively distinct segments, each having a specific set of functions. Physiologically the three components are the cerebrum, middle brain and brainstem. The three are inter-connected by billions of neurons, forming trillions of electrical signals, and loop-backs of information between the three. It is an incredibly brilliant piece of creativity, a marvel of complexity, and only partially understood.

All of the mental activities of the middle brain occur beneath our conscious realm in our subconscious. The subconscious is just that, 'beneath the conscious'. The subconscious of the middle brain and brainstem are on different wave lengths or frequencies than the conscious realm. Nonetheless, the middle brain is connected by two-way neurons to the conscious portion, or cerebrum. For emphasis, the volume of signals from the middle brain to the cerebrum are **ten times** those emanating from the cerebrum to the middle brain. The signals from the middle brain to the cerebrum **strongly** influence what we consciously think or analyze in any manner. What is unknown to our conscious mind is exactly *how much* we are influenced by our subconscious affections, appetites, emotions, and long-term memory. **But**, what we think consciously does affect the middle brain.

Let us use a secular example to make our point; virtually all the <u>real</u> sources of power in the world do not reside in the central figure, but remain hidden, behind the scenes. The Pope is an example; he is not the power, but only the figurehead; likewise the President of the USA, and so forth throughout the world in every aspect of political and economic expressions. We *think* and act like the figurehead is the power, but in reality he is not.

The same is true for the brain; the outward workings are thought in the cerebrum, but the real power and driving force is the middle brain, hidden in the center of our head. So it is with us and our normal way of thinking; we *think* our conscious mind is the person driving the bus, all the while doing things and acting certain ways, not realizing why we do things as we do. That is one reason why we are to study-it renews our 'mind'.

The war starts when God starts messing with us, particularly by the time we might happen to turn His direction. If by chance we respond to the conviction of the Holy Spirit, confess, repent and are born again by the Spirit, we become a new creation. We now have the Spirit dwelling within us. Then the war really begins, for the Spirit of God is Holy, but our old selves, specifically our old nature, our old bents, our old emotions, our old way of thinking is certainly not Holy.

Let us use personal insecurity and self-consciousness as an example. There are a variety of behaviors emanating from this *epithumia*. The various forms of *pathos* are many; there may be the need and push to impress, to control. We may feel a need to talk too loud, to badger others in order to gain a false sense of importance that appeases the inward, un-realized sense of insecurity. One may feel badly about the way he looks in the face, and wear a beard to hide what he 'feels' is ugly, or to make others think he is distinguished.

An inward feeling of non-acceptance may cause a woman to stick out her teats, almost automatically, or overdress, or over-use cosmetics, or over-spend. But from where did the feeling of non-acceptance arise? This is an easy one-most likely from a father who ignored her as a child (or worse).

You can go down the long list, and find the root is lodged in the middle brain. So how do we cure the symptom? How do we heal that which is out-of-joint?

From experience, only one way, one way only. My insecurity formed as a child was offset and rendered powerless by studying the Word and letting it conflict with the way I felt. When the Word countered my *epithumia*, my incorrect and un-Christlike feeling, it disappeared, was cancelled, erased. My inherited sexual lust was rendered null and void by the inculcation of what the Word said, what the Spirit did.

In both these cases, my childhood diseases of the soul were metamorphosed, transformed into a state of being healed, matching what God said. As 40 years passed, many other diseases of my soul have been metamorphosed and transformed into His image and mind.

Essentially Satan manipulates us via the framework of our minds, the subconscious as well as the conscious. As stated elsewhere, Satan *uses* our old affections, scarred emotions, long-term memories, and the four primary drives to steer us the wrong way. It is superfluous to say if we do not know what the Word says is the correct way to think, we are easily deceived. Thus we continue down a destructive road until we die.

There are three levels to the Word that reverse, heal and correct that which is out of line: *reading, meditation and absorbing by the middle brain.*

I do not know of any other way to say it...

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